



a health study for
oil spill clean-up
workers and
volunteers



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To find out more information call
confidential and toll free
1-855-NIH-GULF (1-855-644-4853)
or visit www.nihgulfstudy.org.



What is the GuLF STUDY?

The Gulf Long-term Follow up Study (GuLF STUDY) will learn about potential health effects from the Deepwater Horizon oil spill in the Gulf of Mexico. The National Institute of Environmental Health Sciences (NIEHS) is leading this research. The NIEHS is one of the National Institutes of Health (NIH) and part of the U.S. Government.

We will study workers who did different types of oil spill clean-up work and others who were not directly involved in cleanup. In all, about 55,000 people will be included in the GuLF STUDY.

The study will compare the health of clean-up workers and others who did not do cleanup to learn if health problems are more common in workers.

All participants who live in the GuLF region will be invited to have a clinical home visit. The visit will include a health interview, collection of blood and other samples, and clinical measurements like blood pressure and lung function testing. We will give people in the study the results of these screening tests and help them find a doctor or clinic if they don't have one. You will receive a \$50 gift card for participating in the home visit.

People who have the home visit will also be asked to complete short questionnaires every 2 years. The questionnaires will ask about changes in health over time.

Some people in the GuLF STUDY will be invited to be in a part of the study that includes additional medical tests.

Why should I participate?

The GuLF STUDY seeks to find answers to the questions that matter to you and your community. Every worker has an important story to tell. We want to hear every story.

By being part of this study, you will help your community and others to understand how oil spills may affect our physical and mental health. Over time, the study will generate some important data that may help inform policy decisions on healthcare and health services in the region.

Will my privacy be protected?

We will do everything we are legally able to do to protect your privacy and keep your information confidential. The Federal Privacy Act helps us keep your information safe. The study has been given a Certificate of Confidentiality. This will also help us keep your information private.

How can I join the GuLF STUDY?

Make the call to join the study today – do it for your health, your community, and your future. To join the GuLF STUDY or get more information, call TOLL FREE 1-855-NIH-GULF (1-855-644-4853) between 8 AM and 8 PM Central time Monday through Saturday, and 11 AM to 5 PM Central time on Sunday. You may also visit www.nihgulfstudy.org.

We hope you will become part of the GuLF STUDY!



Who is eligible?

- You are eligible if you are at least 21 years old;
- You did oil spill clean-up work for at least 1 day; or
- You were not directly involved in oil spill cleanup but you worked near the oil spill or completed some oil spill worker training.

What will I be asked to do?

You will be asked to complete a telephone interview about your oil spill clean-up activities, health, and lifestyle. We will follow your health over time.